

## November

STAR: Students Together Assisting Refugees

### WHAT IS X DAY?

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X Days at Cary Academy are days dedicated to experiential learning. In the 2022-2023 school year, there are a total of 7 X Days for students to explore their interests.

Dr. Mc, Cary Academy's experiential director, states X Days are:

"Days without regularly-scheduled academic classes, X Days provide greatly expanded opportunities to plan and realize ambitious experiential learning for our students. Those opportunities may be related directly to our curriculum, they may enhance the curriculum by providing enrichment and demonstrations of cross-disciplinary and cross-divisional connections, and they may be beyond the scope of our curriculum but still provide new chances for exploratory and expeditionary learning"

Dr. Mc goes on to state how X Days follow the Kolb cycle:

"While a lot of what we do on X Days will be interesting and fun concrete experiences, those elements of the day will be connected to purposeful reflection, abstract conceptualization, and active experimentation. All of these are part of the pedagogy of experiential learning theorized by David Kolb in his "experiential learning cycle"



### STAR's X Day- November 9

### intro:

Have you ever tasted delectable Burmese noodles? What about authentic Burmese samosas? In this X-Day opportunity, you will get a chance to visit and tour Transplanting Traditions, a community farm run by Burmese refugees. You will get a chance to meet and chat with Burmese refugee farmers. After the visit to the farm, you will get a taste of authentic Burmese food by cooking up multiple delicious dishes using the farmers' own recipes! Get ready for a day filled with mouth-watering eats and perspective discussions with refugees!

### MONTHLY NEWSLETTER



### STAR's X Day- Photos



















### X DAY SUCCESS!

- Visited Transplanting Traditions
- Learned from Burmese refugees

### MONTHLY NEWSLETTER



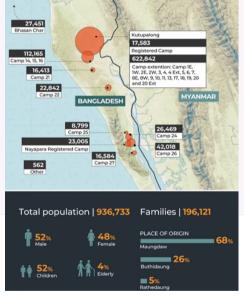
# Transplanting Traditions Community farm with refugee farmers Grow seasonal vegetables grown traditionally in Burma Supports food sovereignty in the refugee community Access to land Education and opportunities for refugee farmers



# Who are the Rohingya? The Rohingya are a mostly Muslim majority ethnic group who have lived in the majority Buddhist Myanmar for centuries. However, Myanmar does not recognise them as an official ethnic group, making them the largest identified stateless community in the world.



https://www.aljazeera.com/news/2022/8/25/roh ingya-exodus-explained-in-maps-and-charts



### SOURCES

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- 2. Marium Ali, Hanna Duggal. "Rohingya Exodus Explained In Maps And Charts". Aljazeera.Com, 2023, https://www.aljazeera.com/news/2022/8/25/rohingya-exodus-explained-in-maps-and-charts. Accessed 20 Feb 2023.
- 3. "Info Graphics: Myanmar-Bangladesh Refugee Crisis Response". Wvi.Org, 2023, https://www.wvi.org/gallery/infographics-myanmar-bangladesh-refugee-crisis-response. Accessed 20 Feb 2023.